# Cycle For MS Conquer the Tour

RISME

Sainte Marie

## THE TOUGHEST TOUR DE FRANCE CLIMBS

# 400KM+ 10,000M ELEVATION 5-25% CLIMBS JUNE 2025

#### TO TAKE PART, AND HELP FUND A WORLD WITHOUT MS: <u>WWW.CYCLEFORMS.ORG</u>



### THE TOUGHEST TOUR DE FRANCE CLIMBS

"Sitting fairly and squarely towards the very top of my list of unforgettable life experiences, the event exceeded on all counts, not to be missed" - Andy T

Cycle for MS: Conquer the Tour takes the best amateur cyclists from around the world on the most epic Tour de France 2025 climbs - just weeks before the pros. Take on the toughest and most beautiful climbs whilst raising vital funds to support programmes that advance care and support for people with Multiple Sclerosis.

You get a training plan and virtual training rides, a dedicated coach and support team, plus a Conquer the Tour team jersey. Once you land in France, all of your accommodation, basic food and travel between stages is covered – all you have to do is ride like a legend. Then, when the 2025 Tour kicks off you can sit back and tell everyone, "been there, done that, got the Jersey". Places are limited so to find out more contact us here...





<u>www.cycleforms.org</u> <u>shona.swan@msif.org</u> <u>kerry.huntington@msif.org</u>